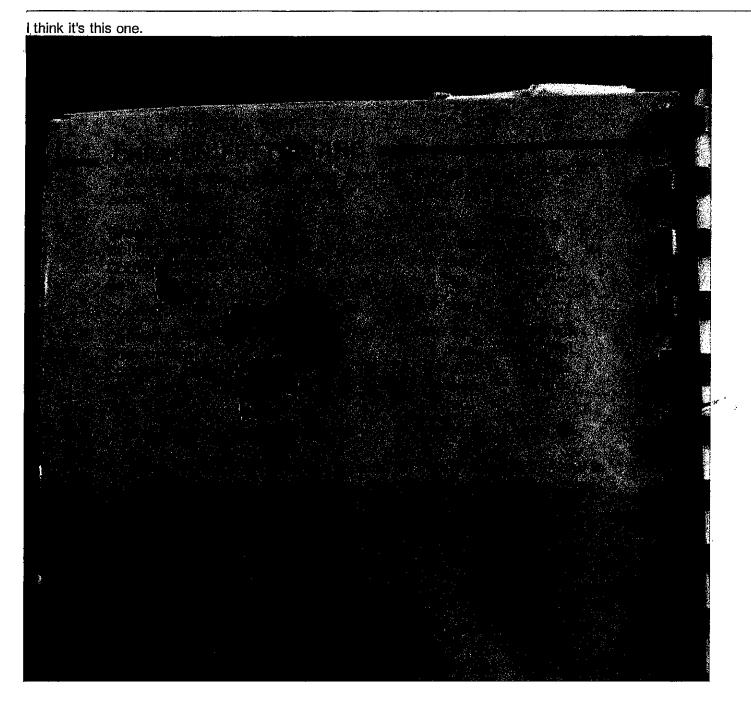
From: Carol Sternaman <clsternaman@hotmail.com>

To: Jim Greear < jcgreear@aol.com>

Subject: Re: Noodle Recipe

Date: Sun, Sep 29, 2013 8:42 am



This is the Mac -cheese recipe I always make.

From: saltstpaul <saltstpaul@q.com>

To: Joyce Coerber <jcgreear@aol.com>; Margie Culligan <culliganmh@gmail.com>; Sally Jacques

<sallyjacques@hotmail.com>; Phyllis Halling <pvhalling@centurytel.net>

Subject: Scone Recipe

Date: Fri, Oct 18, 2013 4:36 pm

#### **SCONES**

Combine: 2 C Flour

1 T. Baking Powder

1/2 t. Salt

1/4 C Sugar

Add: 1/2 C. dried fruit (e.g. cranberries, raisins)

1-1/4 to 1-1/2 C. (half pint) Whipping Cream

1/2 to 1 t. Vanilla (optional)

Stir with fork until dough holds together.

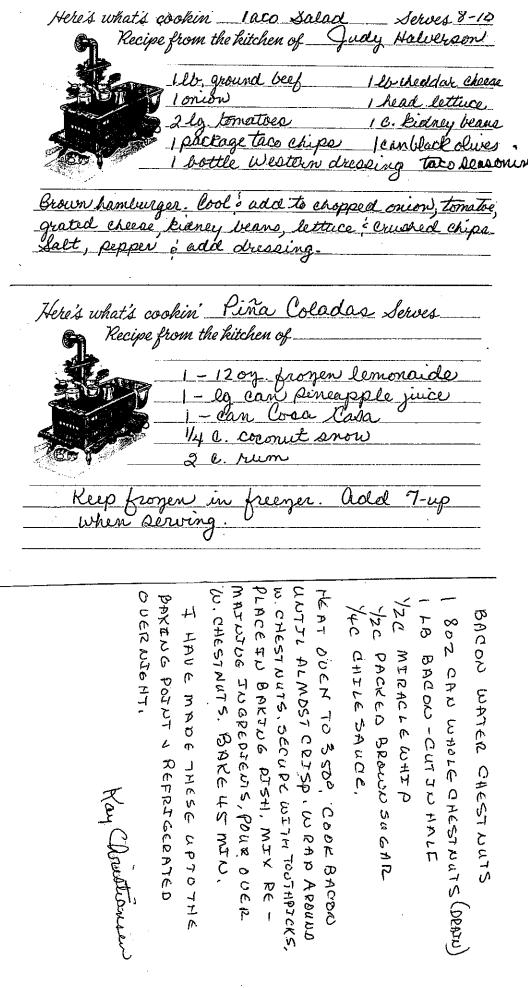
Knead several times.

Place on ungreased baking sheet.

Pat/roll into 10" circle. Cut into wedges.

Brush with melted butter (1-2 T.); sprinkle with 1-2 T. Sugar

**BAKE 15 MINUTES AT 425** 



	Lecipe Spagetti Sauce à Mattalls
	Kecipe Spagetti Sauce d'Meatballs From Lynn Christianson Serves Lots
	Cooking time 4 My. Preheat oven to
	Sauce:
	6 16 on, cans chopped tomator (seasoned)
	3 6 on cano tomato paste
	Italian Seasoning
	Tep, oregano (good shake) add
	a areve powder (good shake) I half hour
· .	14 c. parmercan Cheese
	Crushed hed perper
	over
· ·	
	-for meathalls ( see back)
_	
	Leciple. Twice Baked Potatos
	Recipe Twice Baked Potatos  From Lynn Christianson Serves
	4 lg. potatos - rub lightly of oil; wrap in foil or
	Cut in half and scoop out potato from skin,
	My w/ 3 thsp. sour cream season salt
	2 top outer onion pouder
	Chedd or Cheese
	garlic powder
	Season all
•	over
	D to TT among and Checkles Cheeper
	Beat butter, potets, speces and Checker Cheese w/beater.
	Fill Shell. Cover w/chedden cheese: paprika:
	Bake at 350° for 30-40 min.
•	

### Raven's Hot Crab Dip

2-8oz pkgs cream cheese
2-6oz cans drained crabmeat
½ cup shredded parmesean
¼ cup green onions
2 tbsp white wine
2 tsp prepared horsersdish
¼ tsp hot pepper sauce

Mix all ingredients until well blended. Spoon into pie plate. Bake at 359 degrees for 25-30 minutes until lightly browned. Serve with crackers.

### DON'T FORGET

DALEANO	CONTENTS	OFFICER
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:0060 7H	EN PAUR MEL	760
BUTTER	DUFR	
RA	KE BONING	3500
<del></del>		
	From: Kay Ch	anlot
<u></u>	· /will, Ray Ch	

1-00Z. OOX Taspoetty Jego
2-10oz. packages frozen raspberries
I-8oz. package softened cream cheese
l-8oz. Cool whip
√2 cup powdered sugar
½ cup granulated sugar
½ cups chopped and sifted pretzels
4 cup melted butter
Dissolve jello in 21/2 cups boiling water. Add frozen raspberries stir until thewed.
nto bowl and chill until set.
Mix softened cream cheese with possedness and gar until creamy and fold in cool whip
ayer on top of set jello. Put back in refiniterator.
retzel topping:
reheat oven to 350°
ut pretzels on cookie sheet, pour melted butter over pretzels, add granulated sugar
ntil coated. Bake for 15 minutes stirring every 5 minutes. Let topping cool and th
n top of the jello.
Locine Potato Salad
/ Constant
Recipe Potato Salad  From Lynn Christianson Serves LOTS  Cooking time Preheat oven to
Colinia Dia
5 lbs. red potatos - cook/peel/cut up 18 voiled eggs - cut 5 sm. jare diced pinento - drained
19/201000 0000
18 Obited Stage - Cit
5 sm. jars diced pinents - drained
1/2 med. onion - chapped
5 stalks celery - Chapped
S source carely Complete
mix (195. Kraft real mayonaise
to mustard.
Coste ( sugar - approx / tolop.
OWER

- Put in vowl and add pepper.
- Gradually add mays sauce - mix as yougs. Mix well.

Combine Tup of marshmellows. Stir over low heattil marshmellows meet add lime yells to hot mixtures. Best cream cheese well and add to gelodin mixture. Whip Thoroughle, add perioapple and chopped valnuts. Child Partielly set. Combine mayo and whipped cream and fold into gelation Germich with marchenino chevries. several hours before using.

## TRY ANOTHER HOMEMADE FAMILY FAVORITE FROM QUAKER. Quaker's Prize Winning Meat Loaf

1 cup tomoto juice (tomatoe sauce + musterd) 1-1/2 pounds lean ground beef

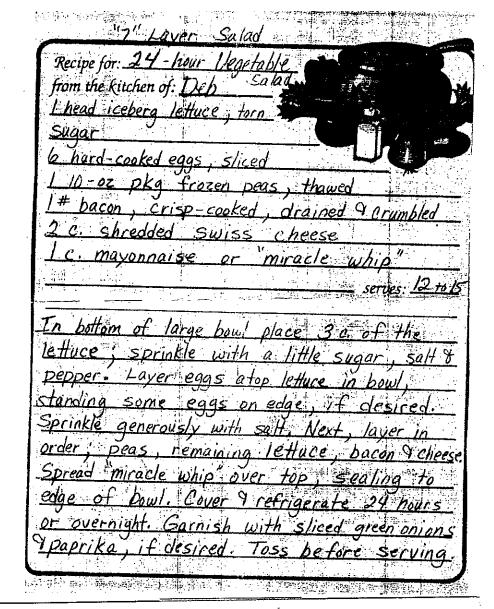
3/4 cup QUAKER Oats (quick or old fashioned, uncooked)

1 egg or 2 egg whites, slightly beaten 1/4 cup chopped onion

1/2 teaspoon salt (optional) 1/4 teaspoon black pepper

Heat oven to 3500F. Combine all ingredients; mix lightly but thoroughly. Press into 8x4inch loaf pan; bake 1 hour or until meat is no longer pink and juices run clear. Drain; let stand 5 minutes before serving.

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1 Cup c 12 16 2 12 Cup , Greauvo	resum butter (2 stiet onemessan) a pepper	hs) Hz hess= Win	AT Vor Thicken
	//c - BEAT WI E THEN ADD I	and the second s	the second of th



# 7 Up Dream Salad (Lynn's Mom)

709.7-Up
14 lb. marahmellows (15 large) or 2c. Amall
1 pleg (3 oy) lime goldin
1 pleg (8 or) cream cheese
2-2 cups crushed peneapple (don't drain)
3/4 C. chopped walnuts
1/2 pint cream, whipped
2/3 c. mayo

# RASPBERRY PRETZEL JELLO SALAD

### **INGREDIENTS:**

1-6oz. box raspberry Jello

2-10oz. packages frozen raspberries

1-8oz. package softened cream cheese

1-8oz. Cool whip

½ cup powdered sugar

½ cup granulated sugar

1 1/2 cups chopped and sifted pretzels.

34 cup melted butter

Dissolve jello in 21/2 cups boiling water. Add frozen raspberries stir until thawed. Pour into bowl and chill until set.

Mix softened cream cheese with powders of sign until creamy and fold in cool whip. Layer on top of set jello. Put back in refragerator.

### Pretzel topping:

Preheat oven to 350°

Put pretzels on cookie sheet, pour melted butter over pretzels, add granulated sugar, stir until coated. Bake for 15 minutes stirring every 5 minutes. Let topping cool and then put on top of the jello.

pocali Saldy  of: Dronlli aut  small pieces  Incut fine  fried, cut in small  fried, cut in small  fried add Just  the add Just  of 1992 General Mills, 1	© 1992 General Mills	add ju	lain bacon fried, a	Sala
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To:

Jeanne M. Parsons/US-Corporate/3M/US@3M-Corporate

CC:

Subject: Re: snack mix 🖺

OH my,

mix

5 cups rice chex cereal

5 cups corn cehx cereal

2 cups cheerios

1 can peanuts

1 bag m&m's

pretzels

Heat 1 package white almond bark and 3 tablespoons veggie oil together in glass bowl for three minutes in microwave.

Pour over cereal mixture and stir till coated. Then spread on wax paper. Store in airtight containers

Carmel Corn 16 cups popcorn

~0058462.WPD

Page 1

### **Brunch Egg Casserole**

### Karen Berg

2 1/2 cups seasoned croutons

2 cups shredded cheddar cheese

2 lb. Sausage (browned & drained... Jimmy Dean is great!)

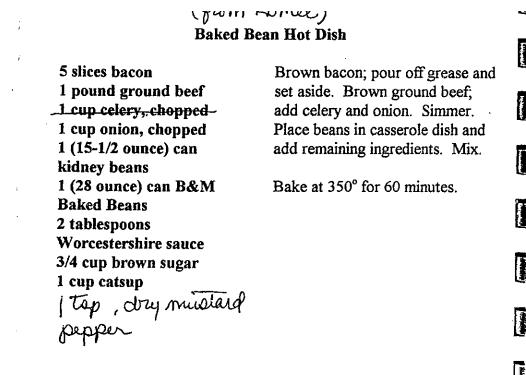
4 eggs

3/4 tsp. Dry mustard

2 1/2 cups milk

1 can cream of mushroom soup diluted with 1/2 cup milk

Place croutons in bottom of greased 9x13 pan. Put cheese on top, place cooked sausage on top of cheese. Beat eggs, milk and mustard together and pour over meat. Refrigerate overnight. Before baking, pour soup mixture on top. Bake 1 1/2 hrs. at 300 and let sit 10 minutes before serving.



Juno e-mail printed Wed, 30 Jan 2002 19:31:48, page 1 of 1

Hi Shirley: Here is the recipe for the Hot Chicken Salad:

3 cups diced cooked chicken \*\* which was the

1 cup diced celery

\_ 1/2 cup Hellmans Mayo. - 🕦 🕓

1/3 cup diced green pepper

1/2 cup chopped cashews

2 Tbsp. lemon juice

1/2 tsp. salt

2 Tbsp. chopped onion

- 3/4 cup grated cheddar

Mix all ingredients and put into casserole dish. Top with 1 cup crushed potato chips. Bake 10 minutes (or until-\_warm) at 450 degrees.

Shirley, I added about 2 cups more of chicken and increased all ingredients a small amount to make more. I think I used 1 cup of mayo, so you can use your own judgment. Bake 350° for 30 min.

HAPPY THANKSGIVING, Hope to see you soon. Love, Max

#### Risotto

5 tbl. virgin olive oil 6 cups chicken broth 1 med. onion, chopped 2 1/2 cups Arborio rice 3/4 cup white wine 1/2 cup parmesan 1 cup chopped sun dried tomato

#### Method

Saute - onion, tomato in oil. Add rice, saute 5 minutes constantly stirring. Add -- wine, cook until evaporated, stir.

Add - broth and stir. Cover rice until liquid is absorbed. If rice is not cooked through, add a little more broth. Stir in parmesan.

Salt and pepper to taste.

Serve.

**Bon Apetit** 



# **BEEF STRAGONFF**

From the kitchen of: Kaycharlet

Preparation time:

Number of servings:

#### **INGREDIENTS**

1 TSP PAPRIKA

11/2 POUND ROUND STEAK (CUBED)

1 MEDIUM ONION ( CHOPPED)

1/2 STICK BUTTER

1 CAN CREAM OF MUSHROOM SOUP

8 OUNCES SOUR CREAM

1/2 TO 1 POUND SLICED MUSHROOMS

1TBLS BASIL

1TSP NUTMEG

### **INSTRUCTIONS**

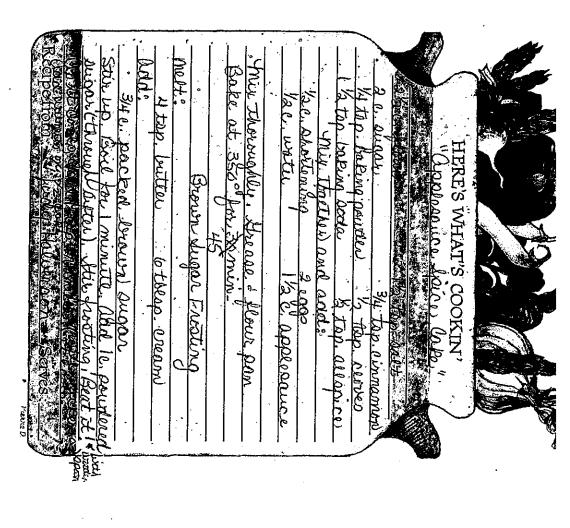
SAUTE ONIONS IN BUTTER. ADD BEEF AND MUSHROOMS. COOK TO BROWN. COVER AND COOK ON LOW 30 MINUTES. ADD SPICES AND STIR. ADD SOUP AND SOUR CREAM ONE CUP OF RED WINE MAY BE ADDDED JUST BEFORE SERVING. COOK ON LOW TIL HEATED THROUGH. SERVE OVER RICE.

cookin' Chocolate Chip O from the kitchen of Hage	34
Leup sugar	12 cup fl 22 cup or
itsp.salt	1 tap, so
1 cup brown sugar	2 pkg 6 or
2 eggs 1 tsp. vanilla	Ser.

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Here's what's cookin' Mom's Fuelge Serves
Recipe from the kitchen of
I can carnation mulk
Boil for 11 min. Add 1/2 bag marshmellows
Stir until mixed.
12 on, chocolete chips
1 C. mits
(2Thm) add varieta or maple plavoring
(AThlop) Add vaniela or maple flavoring - Hightly butter pan.
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	Reciped Total Salabas (Data Colored Salabas Co	SSO for 30 min.	Ri batters. Batter a	ingrediente, attemating with mile. Odd obbedded nucchini. Pown into greaned 9x13" pan or Bundt pan. It desired, combine	1'2 lap. bi	1/201	3eggs added 1 of a time.	Chucolate muchini Cake	
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To: <jlcoerber1@mmm.com>

Subject: Re: Scone Recipe

### **SCONES**

Combine: 2 C. Unbleached flour; 1 Tblsp. baking powder; 1/2 tsp salt; 1/4 C. sugar.

Add: 1/2 C. dried fruit (e.g. cranberries, raisins)

1-1/4 to 1-1/2 C. whipping cream

Stir with fork until dough holds together. Knead several times. Place on ungreased baking

sheet.

Pat/roll into 10" circle. Cut into wedges. Brush with melted butter (1 to 2 T). Sprinkle with 1

Bake 18 minutes at 425. If freshfruit/strawberries used, back 20 min.

Enjoy!

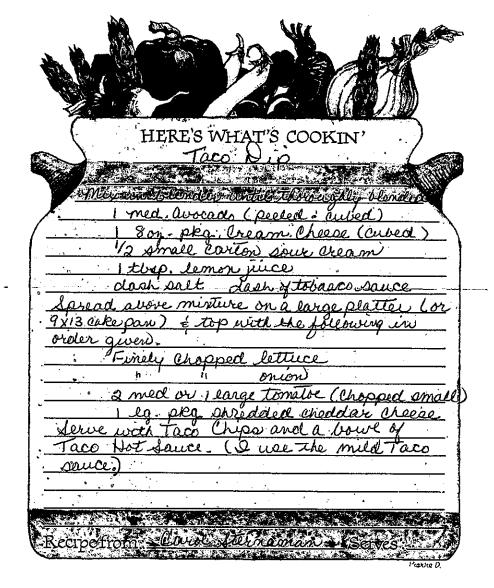
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1	
	HERE'S WHAT'S COOKIN'
	Banang Bread"
<u> </u>	2 eggs beatening  "a c. Shortening  "a c. Shorte
_	1 top. socke
• -	3 bananas 1 top salt
, –	(2c, mos if desired)
· -	Orenm sugar and shortening until fluffy. add eggs mass bananss. Darbanass
	then flour and milk. Bake at 375° for
	out clean. (attitude: 390° for 65 min.)
-	

RECIPE	FOR	epeo		
		ly J	ou (Scott	end)
Legg				
10 water	u .			
add flo	ur to runn	y conistance	(approx 42	heapin
$\mathcal{U}$		1	thesp.)	
Benond	varilla flai	young Cif do	exired).	he
Spray pa	ww/Parth, X	ightly from	n on both Acod	es over
Ful was	h creme Fr	riche /stran	berries/por	wdeeld
		roring (i) de Lightly Grown arche /stran	, Die	gar
		sugar on to		
Make	es 4 Orepes		' 0 1	service

	HERE'S WHAT'S COOKIN'
	Hershey Brownies
	Ottck Margorine
	1. Vs top salt
	( 4 eggs
,	Cupilour plus Itales flour
	1 can heraber any
	and walnuts (optional)
	atalti
	· Bake at 350° for 25 minutes 375%
	Frost with:
	6 Tlop, margarine
	6 Tulso milk (13c)
	- 1 Cup sugar
	Boil 2 min and add born.
	Chocolate Chips
	D. War Karton
	Recipe from July and Political Serves
	Planta D.

	cookin: Banana
	Descent !
Recipe from: Odyce	Colliner Serves:
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Bottom rayer:	
School Prished	granam Cracker
Chiel phis Re	
Allidala Bayen:	
2 sticks butter (its &	anto be soft)
2 CLIPS DOUNTERED DUGGS	3
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2 eggs	· //
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Spread this minture Vora	Chill Will.
ganam Cacker Crust.	Chile and I
Best in lauren the follow	tma:
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4 Varge or 5 small promon	of the same
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2 pints week a transversion	CHAPTER PROPERTY.
1 -0 -01 -1 -0 -0 -1 -1 -0 -0	
On the top spront / lange	E DIFFORMA
of Cool Whip	
	を 100mm 10

Bake: for 15



Here's what's cookin' Glorified Rice Serves
Recipe from the kitchen of Mom
Cook I cuprice and cool.
2 pint rich whip or whippingcream
add some sugar to sweeten
Add crusted pineapple
Add fruit cooklail-marshmello
Cool
Recipe Pasta Salad  From Cheryl Tuley Lindeman Serves
From Cheryl Tuley amaeman Serves
Cooking time Preheat oven to
1 5. finely Chopped tomato
1 distance of the control of the con
1 Linely Chopped green pepper 1 Linely Chopped onion
Live Chopped Onton
1 finely chopped cucumber
Sliced pepperoni
1-16 on prg. cooked noodles - I use Pasta Nuggets
Radiatore
Shilling Sadad Supreme - I use 2 thlep. or more
Shilling Sadad Supreme - I use 2 thlep. or more I lg. Wishbone Italian Dressing - regular or Zeo
Marinate for 3 hours prior to serving.

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()
Leciple Party Cheeny Potatos
Reciple Party Cheery Potatos  From Shirley Theirsen Serves
Cooking time Preheat oven to
1 - 2lb, bag hash brown potatos - Thawed
1/2 c, grated onion 1/2 c, melted (outler
1 pint sour cream
1 can cream of chicken Doup
2 c. Shredded Cheese - Cheddar
Salt of Depper
1 c. crushed even flakes on top
· ·
Mix together: put in greased 9 x 13 "dish. Top
with corn flakes.
Bake about 1 hr at 350.
- FTACINE
1 16 Spinach NOODLES [ JET tresh ones
1 044 2001 -
1 Cup exerm 12 16 butter (2 sticks) HEAT
GROUND ASPECT OFFICE WILL NOT Thick

LEGG YOLK - BENT WITH A LITTLE OF ABOVE
MIXTURE THEN ADD ALL TOGETHER AT EN

(meat pide down)

### TRY ANOTHER HOMEMADE FAMILY FAVORITE FROM QUAKER. **Quaker's Prize Winning Meat Loaf**

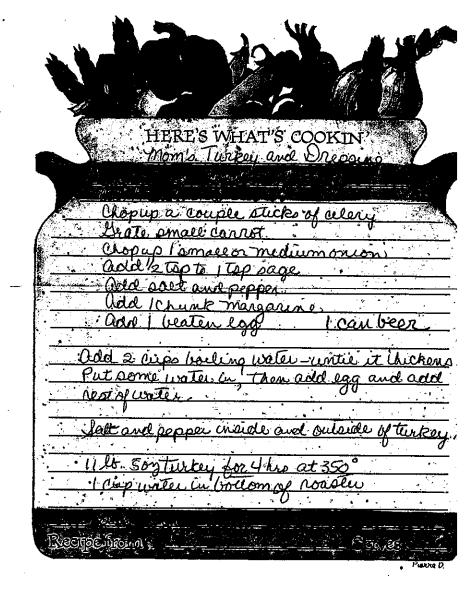
1-1/2 pounds lean ground beef

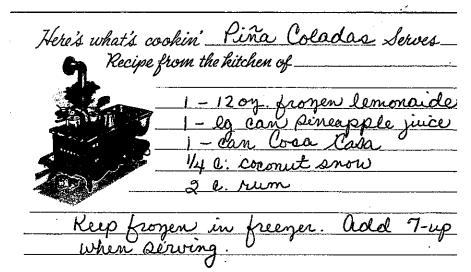
1 cup tomato juice (Comatoe Dance + Mustan 3/4 cup QUAKER Oats (quick or old fashioned, uncooked)

1 egg or 2 egg whites, slightly beaten 1/4 cup chopped onion

1/2 teaspoon salt (optional) 1/4 teaspoon black pepper

Heat oven to 350°F. Combine all ingredients; mix lightly but thoroughly. Press into  $8 \times 4$ inch loaf pan; bake 1 hour or until meat is no longer pink and juices run clear. Drain; let stand 5 minutes before serving. 8 SERVINGS





		Here's what's cookin' Mom's Fudge Serves_
		Recipe from the kitchen of
•		4/2 c. sugar -
	•	I can carnation muk
	•	Boil for 11 min
	•	add 1/2 bag marshmellows
		Stir until mixed.
		add: (over heat)
		12 on, chocolete chips
		1 C. mits
		stick margarine
		(2Thlp) add vainella or maple plavori
		- Laightly butter pan.

	7 7 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
	HERE'S WHAT'S COOKIN'  Hershey Brownes
	ac Dragation
	12 to part
	N 0000
	1 cup flour plus I telep flour
	1/2 top Caking powders
	and walnuts (oftwhat)
·	Cotalti
	· Bake at 350° for 25 minutes, (375%
	0
	- Frost with:
	6 Theo margorine
	Cup Quaari
	Boil 2 min and add boy.
	· Chocolate Chips
•	Beechoe Interior
	Pava D
	•

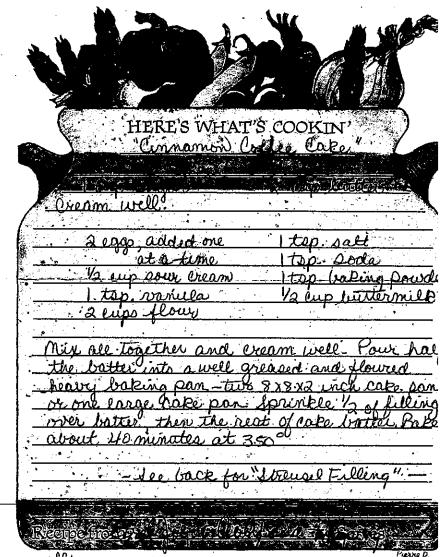
1712 Laver Salad
Recipe for: 24 - hour Negetable from the kitchen of: Deh Salad
Sugar
la hard-cooked eggs , sliced
10-oz pkg frozen peas, thoused
1# bacon, crisp-cooked, drained 9 crumbles
2°C. shredded Swiss cheese
Ic. mayonnaise or miracle whip"
series /2
In bottom of large bout place 30 of the
lettuce; sprinkle with a little sugar, salt
pepper. Layer egas atop lettuce in bowl,
standing some eggs on edge, if desired.
Sprinkle generously with salt. Next, layer in
order; peas, remaining lettuce, bacon 9 ch
Spread miracle whip over top, sealing to
edge of bowl. Cover 9 refrigerate 24 hour
or overnight. Garnish with sliced green onia
Apaprika, if desired. Toss before servin
10.17 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10.15 10

Recipe Baked Pineapple
From Ray Charlet Serves
5-20 on. Cano pineapple Churks (drained)
10 thep, flour.
3 c. grated cheddar cheese 2 stacks bity crackers - crushed
3 sticks metted butter
Put drained pineapple in large baking dish 15X Mix flour and Augar and sprinkle on pineappe
Sprinker cheese & Crushed Crackers over. then pour melter butter over. Bake 30 min. at 350.

Recipe Pasta Salad
From Cheryl Tuley Lindeman Serves  Cooking time Preheat oven to
1 & finely Chopped tomato
Lively Chopped Onion    finely chopped Cucumber  Sticed pepperoni
1-16 on pkg. cooked noodles - Tuse Pasta Nuggets Radiatore
Shilling Salad Supreme - I use 2 thlop. or more / I lq. Wishbone Italian Dressing - regular or Zeo Marinate for 3 hours prior to Serving.
Here's what's cookin' toil Dip Serves_ Recipe from the kitchen of
1 cup sour exeam  1 cup miracle whip
dash garlic salt  2 Tbl dill weed  2 Tbl dried onion
2 Tol paroley flakes Coption

9

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2 cup brown sugar 2 thesp. flowr 2 top. cinnamon

2 thep metted butte & cup chopped mut

Mex flow, sugar, and runnamon together, blending in melted butter, stir in chappen nuts, Mix well.

# COCKS, COM RECIPE SEARCH

New Recipes - Add your Recipe



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Drive one.

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CORN PUDDING FRESH **CORN** 

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MERINGUE NEST

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**GRILLED CHICKEN** MARINADE

**CHICKEN TERRIYAKI** 

FLAG CAKE

CREAM CHEESE DANISH

STRAWBERRY PUNCH

**GREEN CHILLI CHICKEN ENCHILADA** 

**CUCUMBER CUBE** 

GRILLED CHUCK ROAST

**DESSERTS** 

COCONUTICE CREAM

LEMON CHICKEN MARINADE

VEGETABLE LASAGNA WHITE SAUCE

SALISBURY STEAK

STRAWBERRY POUND

BEEF WELLINGTON

**EASY CHICKEN** MARINADES

**BROILED HAMBURGERS** 

OATMEAL PANCAKES NO FLOUR

**SPAGHETTI PIE** 

Home > Recipes > Meat Dishes > Tuna - Cheese Macaroni Salad

Printer-friendly version

TUNA - CHEESE MACARONI SALAD

- Cook 10 min in boiling water 7 oz. pkg. macaroni, cooked, drained and rinsed with cold water

6 1/2 oz. can tuna, flaked

1 c. cheddar cheese, cubed

1 sm. can peas, drained

1/2 c. celery, chopped

1/2 c. sweet pickle

1/4 c. onion, chopped

2 tsp. mustard

1 tbsp. sugar (optional)

3 pimentos (optional) or hard cooked egg for garnish

Salt and pepper to taste

3/4 c. salad dressing

Mix together and serve.

TalkFood! Join the discussion

+ Add review or comment

Recipes related to Tuna - Cheese Macaroni Salad

Cheese Salad Sandwiches

Tuna - Cheese Sandwiches

Macaroni And Cheese Salad

Cheese Spread

Ham 'n Cheese Macaroni Salad

Macaroni, Cheese, Ham Salad

email this recipe to:

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#### Some of the recipes other cooks are looking at right now:

- Shish Kebab
- Lemon Chicken
- Soft Christmas Sugar Cookies
- Top Ramen Cabbage Salad
- Pudding Treats
- Hawaiian Barbecue Chicken
- Strawberry Cream Cheese Pie

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**GRILLED SHRIMP KABOBS** 

**GRILLING WITH TERIYAKI** SAUCE

**CUCUMBERS IN SWEET** DRESSING

HOT FUDGE PUDDING CAKE

STRAWSERRY CHOCOLATE DIPPED POPSICLES OF SHERBET

GRULED STEAKS WITH LEMON-HERE MARINADE

CINNAMON POUND CAKE

some soup bones into 2- or 3-inch pieces; then have the bones split lengthwise into halves. At home wrap the pieces of bone in foil, and place them in a preheated 350°F. oven for 45 minutes. The heat will loosen the marrow from the bones. When the bones are cool enough to handle, scoop out the marrow and proceed with the recipe above.

# Dried Porcini Mushrooms

# RISOTTO AI FUNGHI PORCINI SECCHI

Porcini mushrooms, with their full caps and deliciously woodsy flavor, are harvested in Italy in the fall and early spring. They are mushrooms of the *Boletus edulis* species like French cêpes, but porcini (Italian for "piglets") are known for their size. Some grow to as large as 5 pounds or more. When fresh, these mushrooms are firm and flavorful and can be added to a variety of dishes, or they can even be grilled or cooked in butter to create a spectacular main course.

Because the fresh porcini have little in the way of staying power, these mushrooms are traditionally cut and dried at their peak. Don't think you are getting an inferior product when you buy them dried. Dried porcini, which are most often sold in small packets in amounts that vary from about 1/3 to 3/4 of an ounce, have an even more intense taste than the fresh mushrooms. While they won't do as a main course, dried porcini can add flavor to soups, omelets, pasta, and risotto. To use dried porcini you have to soak them in hot water. Always add the water in which the mushrooms have soaked to the broth to intensify the porcini flavor.

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unal it b

l cup boil

Strain the

coarsely



CONDIMENTI	¾-ounce package dried porcini
	1 tablespoon unsalted butter
	⅓ cup grated Parmesan cheese
	1 tablespoon chopped fresh parsley
BRODO	4 cups Basic Broth (see page 14), approximately
	1 cup porcini liquid, strained
	½ cup dry white wine or broth
SOFFRITTO	2 tablespoons unsalted butter
	1 tablespoon oil
	1/3 cup finely minced onion
RISO	1½ cups Arborio rice
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- 1. CONDIMENTI: Place the dried mushrooms in a small bowl with 1 cup boiling or very hot water. Allow them to stand for 30 minutes. Strain the liquid into a saucepan with the broth and chop the mushrooms coarsely. Set aside.
- 2. BRODO: Bring the broth, combined with the porcini liquid, to a steady simmer in a saucepan on top of the stove.
- 3. SOFFRITTO: Heat the butter and oil in a heavy 4-quart casserole over moderate heat. Add the onion and sauté for 1 to 2 minutes, until it begins to soften, being careful not to brown it.

- 4. RISO: Add the rice to the soffritto; using a wooden spoon, stir for 1 minute, making sure all the grains are well coated. Add the wine and stir until it is completely absorbed. Add the porcini and begin to add the simmering broth, ½ cup at a time, stirring frequently. Wait until each addition is almost completely absorbed before adding the next ½ cup, reserving about ¼ cup to add at the end. Stir frequently to prevent sticking.
- 5. After approximately 18 minutes, when the rice is tender but still firm, add the reserved broth. Turn off the heat and add the remaining condimenti—butter, Parmesan, and parsley—and stir vigorously to combine with the rice. Serve immediately.

Serves 4

### VARIATIONS

- 1. Marsala wine complements the flavor of the porcini. Add  $\frac{1}{2}$  cup dry Marsala in place of the white wine.
- 2. Add ½ cup fresh or defrosted frozen peas, not cooked, in place of the parsley.

# Gorgonzola

### RISOTTO AL GORGONZOLA

Gorgonzola is the blue-veined cheese of Italy. Made from cow's milk, it has been produced in the Po Valley since the ninth century A.D. There are several types of Gorgonzola imported from Italy. The strongest and

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# Prosciutto

# RISOTTO AL PROSCIUTTO

Although you can use any prosciutto in this risotto, nothing quite compares to the genuine article, imported Italian prosciutto, with its incredibly mild, almost sweet, and only slightly salty taste. The added cream makes this risotto surprisingly light.

BRODO	5 cups Basic Broth (see page 14), approxi- mately
	1/2 cup dry white wine
SOFFRITTO	2 tablespoons unsalted butter
	1 tablespoon oil
	1/3 cup finely minced onion
RISO	1½ cups Arborio rice
CONDIMENTI	3 to 4 ounces prosciutto, finely minced (about 1/2 cup)
	1/4 cup light cream
	1/3 cup grated Parmesan cheese
	1 tablespoon finely chopped fresh parsley

- 1. BRODO: Bring the broth to a steady simmer in a saucepan on top of the stove.
  - 2. SOFFRITTO: Heat the butter and oil in a heavy 4-quart casse-

role over moderate heat. Add the onion and sauté for 1 to 2 minutes, until it begins to soften, being careful not to brown it.

3. RISO: Add the rice to soffritto; using a wooden spoon, stir for 1 minute, making sure all the grains are well coated. Add the wine and stir until it is completely absorbed. Begin to add the simmering broth, ½ cup at a time, stirring frequently to prevent sticking. Wait until each addition is almost completely absorbed before adding the next ½ cup, reserving about ¼ cup for the very end. Stir frequently.

4. CONDIMENTI: After approximately 18 minutes, when the rice is tender but still firm, add the reserved broth and the condimenti—prosciutto, cream, Parmesan, and parsley—and stir vigorously to combine with the rice.

bine with the rice. Serve immediately.

Serves 4

## VARIATIONS

- 1. Substitute diced lightly smoked country-style ham for the prosciutto.
- 2. For a new twist on a familiar first course, prepare risotto with prosciutto and melon. The sweetness of the melon contrasts with the saltiness of the ham and makes for an interesting taste sensation. Add about 1/3 cup finely diced cantaloupe in step 4, when you add the prosciutto and cream.



# America's <sup>(</sup> TEST KITCHEN

Public television's

scooking show

## Recipes

Stir-Fried Chicken with Bok Choy and Crispy Noodle Cake

from the Episode: Staying in For Chipese Takeout

Fresh Chinese noodles are often kept in the produce section of the grocery store. If you can't find them, substitute an equal amount of fresh Italian spagnetti. Rogeefort - Blue cheese

Serves 4

#### Noodle Cake

- 9 ounces Chinese egg noodles (fresh)
- 1 teaspoon salt
- 2 scallions, sliced thin
- 4 tablespoons vegetable oil

#### Stir-Fry Sauce

- 1/4 cup low-sodium chicken broth
  - 2 tablespoons soy sauce
  - 1 tablespoon dry sherry
  - 1 tablespoon oyster sauče
  - 1 teaspoon sugar
  - 1 teaspoon cornstarch
- 1/4 teaspoon red pepper flakes

#### Chicken and Vegetables

- 1 pound boneless, skinless chicken breasts, patted dry with paper towels, trimmed, and cut into 1-inch squares
- 1 tablespoon soy sauce
- 1 tablespoon dry sherry
- 2 tablespoons toasted sesame oil
- 1 tablespoon cornstarch
- 1 tablespoon unbleached all-purpose flour
- 1 tablespoon minced fresh ginger
- 1 medium clove garlic, minced or pressed through a garlic press (about 1 teaspoon)
- 8 teaspoons peanut oil or vegetable oil
- 1 small head bok choy, stalks sliced on the bias into 1/4-inch slices, and greens cut into 1/2-inch strips
- 1 small red bell pepper, cut into 1/4-inth strips
- 1. For the noodle cake: Bring 3 quarts water to a boil over high heat in a large pot. Add the noodles and salt to the boiling water; cook the noodles until tender, 2 to 3 minutes (do not overcook). Drain thoroughly through a colander. Add the scallions to the noodles in the colander and toss to combine; set aside.
- For the sauce: Meanwhile, whisk together the sauce ingredients; set aside.
- 3. For the chicken and vegetables: Toss the chicken with the soy sauce and sherry; set aside. In a large bowl, which together the sesame oil, cornstarch, and flour; set aside. In a small bowl, mix together the ginger, garlic, and 1 teaspoon peanut oil; set aside.
- 4. While the chicken marinates, cook the noodle cake. Heat 2 tablespoons of the vegetable oil in a 12-inch nonstick skillet over medium heat until shimmering. Spread the noodles evenly across the bottom of the skillet and press with a spatula to flatten into a cake. Cook until crisp and golden brown, 5 to 8 minutes.
- 5. Slide the noodle cake onto a large plate. And the remaining 2 tablespoons 神经电影 to the skillet; swirl to conto invert the

about 5 to 8 minutes.

- 6. Slide the noodle cake onto a cutting board and let sit for at least 5 minutes before slicing into wedges and serving. (The noodle cake can be transferred to a wire rack set over a baking sheet and kept warm in a 200 degree oven for up to 20 minutes).
- 7. Stir the marinated chicken into the sesame oil-cornstarch mixture until uniformly combined. Heat 2 teaspoons peanut oil in a 12-inch nonstick skillet over high heat until smoking; add half of the chicken to the skillet in a flat, even layer. Cook, without stirring, but gently separating the pieces, until golden brown on the first side, about 1 minute; turn the chicken pieces and cook until lightly browned on the second side, about 30 seconds. Transfer the chicken to a clean bowl. Repeat with an additional 2 teaspoons peanut oil and the remaining chicken; cover to keep warm.
- 8. Add the remaining 1 tablespoon peanut oil to the now-empty skillet and return to high heat until just smoking. Add the bok choy stalks and red bell pepper and cook until lightly browned, 2 to 3 minutes.
- 9. Push the vegetables to the sides of the skillet to clear the center; add the garlic-ginger mixture to the clearing and cook, mashing the mixture with a spoon, until fragrant, 15 to 20 seconds, then stir the mixture into the stalks and continue to cook until the stalks are tender-crisp, about 30 seconds longer. Stir in the bok choy greens and cook until beginning to wilt, about 30 seconds.
- 10. Return the chicken to the skillet. Whisk the sauce to recombine, then add to the skillet and cook, tossing constantly, until the sauce is thickened and the chicken is heated through, about 30 seconds. Transfer to a service platter and serve immediately.

### Step-by-Step: Preparing Bok Choy



1. Trim the bottom inch from the head of bok choy. Wash the leaves and pat them dry. With a chef's knife, cut the leafy green portion away from either side of the triangular white stalk.

Step-by-Step: Preparing Chicken for & Stir-Fry



 Cut each white stalk in half lengthwise and then crosswise into 1/4-inch slices. Stack the leafy greens and then slice them crosswise into 1/2-inch strips. Keep the sliced stalks and leaves separate.



1. Separate tenderloin from the larting at thick end, cut intended 1/4-inch slices the larting when you reach the lapered triangle.



With flat side of knife, press each slice to an even 1/4-inch thickness and then cut slices into 1-inch squares.



3. Use same technique for tenderloin, flattening it with side of knife and then cutting into 1-inch pieces.



1. Separate tenderloin from breast. Starting at thick end, cut into 1/4-inch slices. Stop slicing when you reach the tapered triangle with.

From: LeClair, Elley < Elley.LeClair@countryfinancial.com >

To: Jim Greear <icgreear@aol.com>; Senske, Denise <Denise.Senske@countryfinancial.com>

Subject: Chicken Wings

Date: Thu, Oct 18, 2012 6:33 am

# Chicken Wings Bake Recipe

4 pounds chicken wings

1 cup soy sauce

1 stick butter

1 cup brown sugar, packed firm

1 teaspoon dry mustard
1/2 teaspoon onion powder

3 cloves garlic, minced

Oven Temp: 375°

Recipe Cooking Time: 60 minutes

Pan Type: roaster pan

# **Chicken Wings Recipe Directions**

Preheat Oven.

In a microwave safe bowl melt the butter.

Add the brown sugar, soy sauce, dry mustard, onion powder and minced garlic.

Mix well.

Put the chicken wings in a large plastic bag.

Pour sauce over chicken to marinate.

Marinate chicken wings for several hours or overnight.

Turn container often to coat the chicken well.

When ready to cook pour chicken and marinate into a large roasting pan (I used a large cookie sheet).

Bake chicken wings uncovered for allotted time or until sauce is thickened.

From: LeClair, Elley < Elley.LeClair@countryfinancial.com >

To: Jim Greear <jcgreear@aol.com>

Subject: Recipe

Date: Thu, Oct 18, 2012 6:22 am

Sorry forgot about giving you this recipe;

### **Cranberry Chicken or Pork Chops**

8 oz. Western dressing (I use Lite)

1 env. Lipton dry onion soup mix

1 (16 oz.) can whole cranberry sauce

4-6 chicken breasts or pork chops

Preheat oven to 375. Place meat in baking dish. Combine dressing, soup mix and cranberry sauce and mix.

Pour over meat. Bake about 1 hour, uncovered.

## Elley LeClair

Provisioning Services Desk: (651)631-7123

Ilg apples - 19 pan

519 apples - Amapple CRISP (Continued)

1 c. flour

3/4 c. brown sugar

2 tsp (raking powder

Mix all 3 ingredients. Sprinkle over the apples and bake

45 minutes in a moderate oven. Serve with whipped cream.

Serves 8.

Mrs. Richard Hauser

CHOCOLATE ANGEL PIE

2 egg whites
1/8 tsp. salt
1/8 tsp. cream of tartar
1/2 c. sugar
1/2 c. nuts, finely
chopped
1/2 tsp. vanilla
1 pkg. Baker's German's
sweet chocolate
3 Tbsp. water
1 tsp. vanilla
1 c. cream, whipped

Beat egg whites with salt and cream of tartar until foamy. Add sugar gradually, beating until very stiff peaks hold. Fold in nuts and 1/2 teaspoon vanilla. Spread in greased 8 inch pie pan (preferably Pyrex). Build sides up to 1/2 inch above the pan. Bake at 300 degrees 50 to 55 minutes; cool. Melt chocolate over water on low heat, stirring constantly. Cool until thickened; add 1 teaspoon vanilla then fold into whipped cream. Pile into meringue shell. Chill 2 hours. Makes 6 to 8 servings.

### LEMON TORTE

3 egg whites 1/8 tsp. salt

1/2 tsp. vinegar 1 c. sugar

Lemon Filling: .

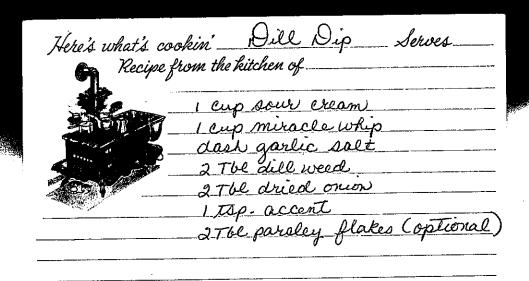
4 egg yolks 2/3 c. sugar 1/2 c. lemon juice

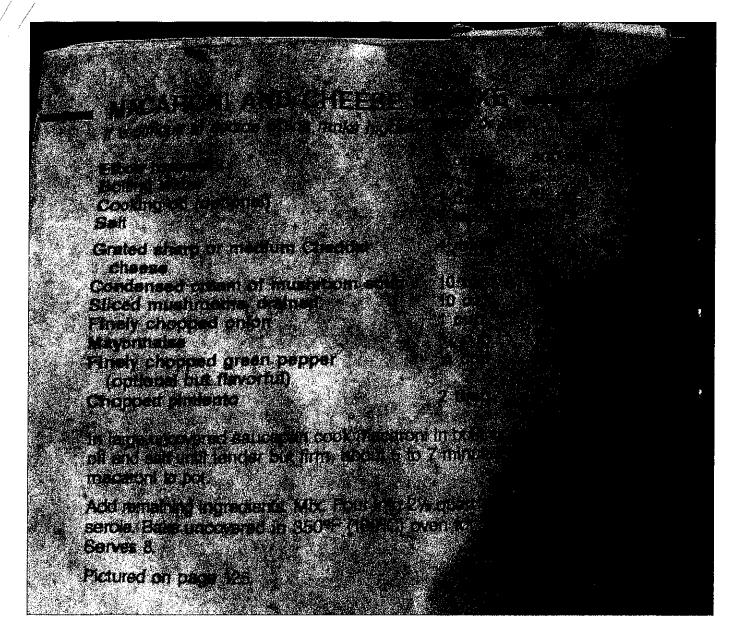
2 tsp. grated lemon rind 2 Tbsp. sugar 1 pt. heavy cream (divided)

Combine egg whites, salt and vinegar. Beat until soft peaks are formed. Gradually add sugar, beating until mixture is very stiff. Spread in a 9 inch circle on heavy paper; mound meringue around edges and swirl in ridges, using back of teaspoon; or spread in a back

Beat egg yolks until thick and length colored. Gradually, beat in 2/3 cup sugar. Add lemon juice and rind. Cook over hot, not boiling water, stirring constantly until thick, about 5 minutes;

-30- So. St. Paul, Minn





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On Sep 29, 2013, at 8:20 AM, "Jim Greear" < icgreear@aol.com > wrote:

Hi Carol,

Don't forget to forward along your noodle recipe you were telling about that you pop in the oven.

Thanks, Joyce

CUNIC Danana Split Nessert	
From Joyce Colvber Serves_	•
Cooking time Preheat oven to	
Bottom layer:	
2 c. crushed graham crackers (1 pkg.)	
stick meeter butter	•
Chill This layer,	
Middle layer:	
2 sticks soft witter ttop, vanilla	
2 c. powdered Augar 2 lggs	
Best this mixture welletiric mixer for 20 min	
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	ead this mixture outs Chilledgraham Cracker wet, Chill Well.
	tlager as follows:
	or 5 pm. Comanas
	Eg. Can crushed sineapple - drained well Birts fresh strawberries - sliced
•	top, spread 1 lg. Container Cool whip.
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