

COVERTSIDE AT BREAKFAST



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Galloping Gourmets' Cheese Straws

BY MARC PATOILE

In 1987, the Yadkin Valley Hounds self-published “Galloping Gourmets: The other side of foxhunting.” It is one of few foxhunting cookbooks in print or out of print. It recounts the history and favorite recipes for the various events on a hunt calendar from Opening Day to Boxing Day, New Year’s Day, joint meets, St. Patrick’s Day, terrier trials, Derby Day, steeplechase races, and more.

Yadkin Valley Hounds was organized as a drag hunt in 1975 by Betsy and Floyd Poole at their farm on Hobson Road, Cleveland, N.C. They kept the kennels in a barn on their property. The first hunt season opened in November 1976. YVH was registered with the Masters of Foxhounds Association in 1977 and was recognized in 1979. In 1980, YVH became the live hunt it is today.

Cheese Straws

- 1 pound grated cheese (sharp Cheddar)
- 1/2 pound margarine
- 2 1/4 cups flour
- 1 1/2 teaspoons baking powder
- 1 1/2 teaspoons salt

Soften margarine. Add all other ingredients. Mix until smooth. Use cookie press. Bake 12 minutes at 350 degrees. Cool on paper towels.

Recipe by Kathy Young

Handy Tips

- Shred your own cheese. The consistency sticks and blends better than pre-shredded cheese.
- Warm stored cheese straws in the oven at 350° for 3 to 4 minutes to refresh their crispy goodness.
- The dough can be frozen to keep at the ready for when unexpected company arrives.

My copy of “Galloping Gourmets” is well used and has check marks next to the Triple Crown Tartlets, Hippo Pot Mousse, Million Dollar Fudge, and even has a pasted-in recipe for Chocolate Truffles, so I know the book was well used often for these favorite desserts.

Being a Yankee, my favorite recipe from the book is Cheese Straws by Kathy Young. Cheese straws are like deviled eggs — every Southern cook wants to make great ones. Sure there are updated versions of this classic. But cheese straws, like moonshine, really shouldn’t be messed with and the versions which come from grandmother’s kitchen are usually best. 🍷



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