

**Feed  
Room**



## Party Treats for Every Equestrian Occasion

By SARA LIESER

Is there a barn party on your social calendar, and you don't know what to bring? Do you have a horse-crazy child, and you need some ideas for the perfect birthday fête? Whether you're looking for DIY or just want to grab something on the way, we've found a bounty of delectable delights that will thrill the equestrian crowd.

### Heavenly Hay Bales

Here's a sweet treat that looks far too tasty to feed to a horse. Find the recipe for this equine twist on a traditional Rice Krispies treat on [cakesdusoleil.blogspot.com](http://cakesdusoleil.blogspot.com).





### **Pony Cake**

No one got you a pony for your birthday? How about a pony-shaped cake? Find everything you need to make this amazing cake, including a video, on [BettyCrocker.com](http://BettyCrocker.com).

### **Pretzel Horseshoes**

Sweet, salty, crunchy and shaped like a horseshoe. What's not to like about this easy, quick recipe?

#### *Ingredients*

- > 1 package (10 ounces) large marshmallows
- > 3 tablespoons butter, cubed
- > 5 cups crushed pretzels
- > 1 cup semisweet chocolate chips
- > 1/2 cup butterscotch chips

#### *Directions*

Place two 5" diameter bowls upside down in the center of two 9" round pans; coat bowls and pans with cooking spray.

In a large microwave-safe bowl, melt marshmallows and butter on high for one minute. Stir in pretzels. Quickly add chips; stir gently until coated. Divide mixture in half. Press one portion evenly into one prepared pan. Shape into a horseshoe by forming mixture around bowl, leaving a 4" opening at one end. Repeat with remaining mixture. Cool for 15 minutes.



Remove bowls. Run a knife around edges of pans to loosen. Invert each onto a serving platter. Reshape horseshoes by gently spreading sides apart to elongate if necessary. Cool completely.

**Yield:** Two horseshoes (14 servings each).



## Pick It Up Before You Go



### Stick Horse Treats

Order these adorable horse shaped cookies from Sweets Indeed. The cookies are \$4.50 each with a one dozen minimum and come individually wrapped. Email [info@sweetsindeed.com](mailto:info@sweetsindeed.com).



### 14 Hands Wine

Named for the small but sturdy mustangs of Washington State, 14 Hands offers four varietals to tempt the palate, including Cabernet Sauvignon, Merlot, Chardonnay and Riesling as well as the "Hot to Trot" red and white blends.



### Off to the Races

Susan Meyer and her husband, Jim Fresquez, pursue their passion for horses and fine wine at the RustRidge Ranch and Winery in Napa Valley, Calif. The ranch has been a breeding and training facility for Thoroughbred race horses since the 1950s, and the Racehorse Red and White blends are a tribute to the ranch's raison d'être.





### **Carmen's Carrot Muffins**

These beautiful carrot muffins would make a great horse show snack. Learn how to make them on *TriniGourmet.com*.

### **Carrot, Oat And Apple Cake**

Combine some of your horse's favorite foods to create a delectable cake. Novelty horse optional. Recipe available on *Eatori.com*.



### **Summer Corn and Alfalfa Salad**

This healthy summer offering would make any horse salivate. Recipe thanks to *equusathletics.com*.

#### *Ingredients*

- > 2 cups cooked corn, fresh or frozen
- > 1 avocado, cut into 1/2-inch cubes
- > 1 pint cherry tomatoes, halved
- > 1/2 cup finely diced red onion
- > Large "handful" of alfalfa sprouts
- > 2 tablespoons olive oil
- > 1/2 teaspoon grated lime zest
- > 1 tablespoon fresh lime juice
- > 1/4 cup chopped cilantro
- > 1/4 teaspoon salt
- > 1/4 teaspoon pepper

#### *Directions*

Combine the alfalfa, corn, avocado, tomatoes and onion in a large glass bowl. Mix together the dressing ingredients in another bowl and pour over the salad. Toss gently until well mixed.





### Horse's Neck Cocktail

The Horse's Neck is named for its garnish, a lemon peel artfully placed to resemble a horse's arching neck. This simple cocktail can be made with brandy, bourbon or rye and ginger ale. When made with Ale-8-One and Maker's Mark, it becomes a Kentucky Gentleman. Enjoy this recipe from *kitchycooking.com*.

#### Ingredients

- Long lemon
- 2 oz. Bourbon
- Ginger ale
- 2 dashes Angostura bitters

#### Directions

With a peeler, start at the top and peel around the lemon in one spiral strand (without the pith).

Place the peel in a highball or Collins glass, and then fill glass with ice. Pour in the bourbon. Fill the rest of the glass with ginger ale and add the bitters.

*Makes one.*

### Carrot Apple Cleanser

Who says carrots and apples are for horses? Retired jockey Raina Paucar came up with this healthy drink made from equine-approved ingredients to keep up her energy when she hits the trail.



### Carrot Mango Smoothie

This simple refreshing smoothie takes no time to make and is a healthy drink guaranteed to gain your horse's approval. Recipe thanks to *equusathletics.com*.

#### Ingredients

- 1/2 cup carrot juice
- 1/4 cup frozen mango chunks
- 1/4 cup ice cubes

#### Directions

Combine ingredients in a blender. Blend on medium speed until smooth (about 30 seconds). Pour into a tall glass and enjoy immediately.





*There's always more in store, online and in print, in the coming weeks.*

## ► Olympic Analysis Issue

How *did* Britain pull off such a stunning performance in all three Olympic sports? How will the U.S. system have to change for our riders to have a shot at medals in the next quadrennial and beyond? We'll be tackling these complex topics and more in our Sept. 10 Olympic Analysis Issue of *The Chronicle of the Horse*.



## ► Fall & Winter Horse Care Issue

Days are shortening and coats are lengthening—it's time to winterize your barn and get your horses ready. In our biannual Horse Care Issue, we'll take a look at topics like choke, bring you a step-by-step guide on hoof wrapping, break down how to handle trailering emergencies, and much more. Check your mailbox for your copy of the *Chronicle* on Sept. 24.



## ► Intercollegiate Issue

Fall means back-to-school time, and we're celebrating with our annual Intercollegiate Issue, headed your way Oct. 1. We'll go behind the scenes at St. Lawrence University (N.Y.), winner of the 2012 Intercollegiate Horse Show Association National Championship, weigh the pros and cons of taking your own horse with you to college, and meet a couple indebted to IHSA for their matchmaking and marriage.

# *The* **CHRONICLE** CONNECTION

Produced and published by *The Chronicle of the Horse*.

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